### **MEETING MINUTES**

# Tulsa City-County Board of Health February 20, 2019 at 6:00pm

James Goodwin Health Center 5051 S. 129 East Ave. Tulsa, OK 74134

**Board Members Present:** 

Ann Paul, DrPH; Chair

Mike Jones, DVM; Vice Chair

Chris Bell, JD, RN Heath Evans, DDS

**Emily Odom** 

Sarah-Anne Schumann, MD, MPH

Mike Stout, PhD

**Staff Present:** 

Bruce Dart, PhD, Executive Director

Reggie Ivey, Chief Operating Officer

Chanteau Orr, Legal Counsel

Scott Buffington, Employee Resources & Development

Priscilla Haynes, Preventative Health Elizabeth Nutt, Environmental Health Pam Rask, Adolescent & Child Health

Leanne Stephens, Marketing & Communications

Kelly VanBuskirk, Health Data & Policy

Jumao Wang, Finance

Jenna Grant, Executive Assistant

Others Present:

Tom Bates, OSDH

Jessica Breske, OSU-Tulsa Kyle DeBoy, OSU-Tulsa

Christine Joachims, OSU-Tulsa Dominique Lewis, OSU-Tulsa

Christy Jo Wikhams, OSU-Tulsa

Bernard Dindy, THD Environmental Health

# I. Call to Order and Welcome

Ann Paul called the meeting to order at 6:00pm.

The meeting notice and agenda were posted at the James Goodwin Health Center, the North Regional Health and Wellness Center, and the Tulsa City-County Health Department (THD) website, and emailed to the Tulsa County Clerk, the Tulsa City Clerk, and the Tulsa City-County Library on February 15, 2019.

# II. Approval of the Meeting Minutes

January 16, 2019 Minutes

A correction was made to page 5, section 3 to change the word "statues" to "statutes" and everyone present agreed. Ann Paul entertained a motion to approve the corrected January 2019 minutes. A motion was made by Heath Evans and seconded by Mike Stout. *The minutes were approved*:

Ms. Bell aye
Dr. Evans aye
Dr. Jones aye

Ms. Kamas not present
Dr. Lewis not present

Mrs. Odom aye
Dr. Paul aye
Dr. Schumann aye
Dr. Stout aye

### III. Chair's Report

The world is becoming more connected. Ann Paul commented that connectedness means data is being collected, stored and analyzed. Data will lead to innovations in healthcare and can provide a real opportunity for Oklahoma to improve its health outcomes. Our state is fortunate to have leadership in healthcare, as well as having a culture of philanthropy, and strong employment and economic opportunities.

Health behaviors are the primary cause of poor health outcomes. There are different methodologies about how to improve outcomes in our community. With the help of the Board of Health, the THD leadership team wants to develop a plan to achieve that change.

# IV. Director's Report

Bruce Dart said that for Tulsa to be the healthiest county in the nation we have to do things differently. The Board of Health will be an integral part of these changes. Moving forward it will be important to define the board's role and clarify how they can be most effective.

### V. Current Business – Information Items

# A. Adverse Childhood Experiences and Trauma Informed Care

In addition to serving on the Board of Health, Dr. Mike Stout is an Associate Professor and George Kaiser Family Foundation Endowed Chair in Family and Community Policy at Oklahoma State University-Tulsa. Some of his work is focused on how adverse childhood experiences (ACEs) affect children's health and behavior.

Typically people with higher ACEs scores also have higher rates of risky behaviors and worse health outcomes. ACEs affect a child's brain function and put people in "fight or flight" mode all the time. The southern and central U.S. tend to have higher ACEs rates, including Oklahoma where it is estimated that 27% of the population is impacted. 30% of Oklahomans also have economic hardship.

The good news is ACEs do not have to be determinative. They can be offset by Protective and Compensatory Experiences (PACEs), which are healthy connections and behaviors. Trauma-Informed Care anticipates that both clients and employees of an organization may have high ACEs levels and need help connecting to PACEs.

Ann Paul asked for ideas of how THD could partner with school districts and also asked if ACEs are more or less impactful at different ages. Stout said the younger a child is, the more harmful ACEs can be. But it was also important to note that not all ACEs are the same, for example sexual abuse is more harmful than having insufficient food for a short time period.

Going forward, Bruce Dart said the THD leadership team would meet with Dr. Stout to learn how the organization can become a more Trauma-Informed Agency.

### B. Legislative Update

Chanteau Orr serves as THD's attorney and also follows public health legislative issues. Several of note:

- HB 1022 Creating a taskforce on Trauma-Informed Care.
- HB 1414 Creating policies for operating micro-markets that serve food.
- SB 220 Allowing direct reporting of sexually transmitted infections to go to Tulsa Health Department and OKC Health Department (instead of having to be disseminated by the Oklahoma State Department of Health).
- SB 919 Allowing restaurants to sell home prepared food.
- SB 976 Changing the Home Bakery Act to Home Processing, allowing home bakeries up to \$100,000 per year in sales with no health inspections.

Orr would monitor the bills as they continued through committee. Sarah-Anne Schumann said there were gun safety and water quality/poultry operation bills that may also cause public health concerns. Chris Bell asked if there was discussion about

SB 605, which was an expansion of Insure Oklahoma. Orr said the deadline for the Oklahoma Senate to approve SB 605 was March 14, 2019 and she would monitor it.

# C. Immunization Marketing Study

Priscilla Haynes and Leanne Stephens shared plans to help parents make informed decisions about immunizing their children. Immunizations are key to a community being healthy. Typically 90-95% of a population needs to be vaccinated for it to be immune. The Vaccines for Children program is federally funded and provides no cost immunizations for people who are Medicaid eligible and for Native Americans.

Vaccination exemption rates have increased in the last decade. To better understand why, Littlefield Agency conducted focus groups with a diverse group of moms between the ages of 20-37. Individuals with strong opinions for or against immunizations were not included. Study findings:

- Parents are knowledgeable about the ability of vaccines to prevent disease.
- They have concerns about possible links to autism, even though they thought it was statistically unlikely.
- Using vaccines to prevent flu, chicken pox, and HPV was less important to parents that other immunizations.

A marketing campaign to provide information for parents is being developed. THD has data on schools with lower vaccination rates and plans to target digital marketing specifically to those areas.

# D. Sexually Transmitted Infection (STI) Conference

THD is planning an event to educate physicians and other healthcare providers about STIs. Rates have increased nationwide, including in Oklahoma. This poses not only a health risk to those who contract the infection, but also to infants of infected mothers.

The conference will be in June with an evening event for physicians and an all-day training for other healthcare providers to educate on diagnosis and treatment.

# E. Board of Health Charter

Ann Paul said the purpose of a charter was for board members to define their role on the Board of Health. At St. John Health System they frequently looked at board governance to help board members be involved and not just there to rubber stamp what the staff is doing.

Bruce Dart said he values everyone's time and appreciates that our board members serve in a volunteer capacity, however he wants to make sure they have clearly defined roles, understand issues and feel involved. Board members are valuable advocates of the work THD does. A charter is also required for accreditation.

Everyone was asked to review the draft charter and invited to participate in a workgroup to edit it. If anyone is unable to attend the workgroup, their recommendations can sent to Ann or to Bruce. An updated draft would be discussed and voted on at a future meeting.

# F. Board of Health Agenda Restructure

To help the Board of Health meetings be more meaningful and goal oriented, the agenda would be changing. Information and action items will be reformatted in the following categories:

- Community/Health Improvement
- Advocacy/Policy
- Community Engagement/Partnerships
- Emerging Issues
- New Initiatives/Programming
- Public Health Threats and/or Opportunities
- Budget/Financial Status

Also, Bruce Dart no longer plans to have a Director's Report, since he already shares a written report with the board each month.

Mike Jones said that change was good and it will help board members, especially those who are newer, to have a better understanding of the work THD does.

# VII. Future Business

Save the date on June 14-15, 2019 for a Board of Health Retreat. It will likely begin Friday, June 14<sup>th</sup> in the late afternoon and last most of the day on Saturday. The location would be announced by the April board meeting.

# VIII. Adjournment

The meeting adjourned at 7:35pm.

# APPROVED: Ann Paul, DrPH, MPH, Tulsa Board of Health Chair

ATTESTED:

Jenna Grant

Jenna Grant, Tulsa Health Department Executive Assistant